

Costly Self Control vs. Overwhelming Temptation

Eddie Dekel

Tel Aviv University and Northwestern University

Barton L. Lipman
Boston University

May 2009

Introduction

Earliest model of temptation is that of Strotz [1955]: two selves.

Introduction

Earliest model of temptation is that of Strotz [1955]: two selves.

More formally, if x is the set of options available, utility of current self is given by

$$\max_{\alpha \in B_v(x)} u(\alpha).$$

u is the utility function of the current self, v is the utility function of the future or deciding self, and $B_v(x)$ is set of v maximizers in x .

Unappealing features of the model:

- 1 Utility is discontinuous in x .

Unappealing features of the model:

- 1 Utility is discontinuous in x .
- 2 No compromise or (costly) resisting temptation.

Unappealing features of the model:

- 1 Utility is discontinuous in x .
- 2 No compromise or (costly) resisting temptation.
- 3 Axiomatic foundations? Seems ad hoc.

Unappealing features of the model:

- 1 Utility is discontinuous in x .
- 2 No compromise or (costly) resisting temptation.
- 3 Axiomatic foundations? Seems ad hoc.
- 4 Lack of a recursive structure for more periods.

Gul–Pesendorfer (GP) [2001], overcomes these problems.

Idea: Costly self-control. x is the set of options, and utility is:

$$\max_{\alpha \in x} [u(\alpha) - c(\alpha, x)]$$

where

$$c(\alpha, x) = \left[\max_{\beta \in x} v(\beta) \right] - v(\alpha).$$

Gul–Pesendorfer (GP) [2001], overcomes these problems.

Idea: Costly self-control. x is the set of options, and utility is:

$$\max_{\alpha \in x} [u(\alpha) - c(\alpha, x)]$$

where

$$c(\alpha, x) = \left[\max_{\beta \in x} v(\beta) \right] - v(\alpha).$$

Equivalently:

$$\max_{\alpha \in x} [u(\alpha) + v(\alpha)] - \max_{\beta \in x} v(\beta).$$

Gul–Pesendorfer (GP) [2001], overcomes these problems.

Idea: **Costly self-control.** x is the set of options, and utility is:

$$\max_{\alpha \in x} [u(\alpha) - c(\alpha, x)]$$

where

$$c(\alpha, x) = \left[\max_{\beta \in x} v(\beta) \right] - v(\alpha).$$

Equivalently:

$$\max_{\alpha \in x} [u(\alpha) + v(\alpha)] - \max_{\beta \in x} v(\beta).$$

- *Compromise:* choice will maximize $u + v$, not v .
- *Cost to resisting temptation:* c .
- GP provide *axioms* and a *recursive dynamic version*.

GP's model also has Strotz as a limiting case.

$$\lim_{\lambda \rightarrow \infty} \left\{ \max_{\alpha \in X} [u(\alpha) + \lambda v(\alpha)] - \max_{\beta \in X} \lambda v(\beta) \right\} = \max_{\alpha \in B_v(x)} u(\alpha).$$

Intuitively, as λ increases, the magnitude of temptation increases till there is no room for compromise.

In line with this, GP refer to Strotz model as **overwhelming temptation**.

So GP is continuous, has compromise, costly temptation, and axioms, and has Strotz as a special limit case.

But both GP and Strotz do not allow for uncertainty about strength or type of temptation.

So GP is continuous, has compromise, costly temptation, and axioms, and has Strotz as a special limit case.

But both GP and Strotz do not allow for uncertainty about strength or type of temptation.

Can incorporate this by adding uncertainty about v . Consider a *random Strotz* model:

$$\int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w).$$

If μ is suitably atomless, this representation is continuous.

But still seems restrictive in allowing only extreme temptations; no compromise, no cost to resisting temptation.

Random Strotz model also handles intuitive examples GP can't.

Example: Broccoli, chocolate, and potato chips.

Plausible ordering:

$$\{b\} \succ \{b, c\}, \{b, p\} \succ \{b, c, p\}.$$

GP evaluate menu x by

$$\max_{\alpha \in x} [u(\alpha) + v(\alpha)] - \max_{\beta \in x} v(\beta).$$

Since adding p to $\{b, c\}$ worsens menu, $v(p) > \max\{v(b), v(c)\}$.

But then how can adding c to $\{b, p\}$ make it worse?

Surprisingly this representation has GP as a special case.

That is, for any GP representation, we can find μ such that for every x ,

$$\max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) = \int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w).$$

Surprisingly this representation has GP as a special case.

That is, for any GP representation, we can find μ such that for every x ,

$$\max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) = \int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w).$$

Implication: We cannot identify compromise / costly resisting of temptation from the ranking over x 's.

Surprisingly this representation has GP as a special case.

That is, for any GP representation, we can find μ such that for every x ,

$$\max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) = \int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w).$$

Implication: We cannot identify compromise / costly resisting of temptation from the ranking over x 's.

From this, we conclude that we've been too quick to drop Strotz's overwhelming temptation approach in favor of GP's costly self-control approach.

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Main results:

- As noted, GP contained in random Strotz.

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Main results:

- As noted, GP contained in random Strotz.
- Given restriction to “nice” randomizations, random GP = random Strotz.

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Main results:

- As noted, GP contained in random Strotz.
- Given restriction to “nice” randomizations, random GP = random Strotz.
- Have axiomatic characterization of random GP and random Strotz with this restriction (trying to extend).

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Main results:

- As noted, GP contained in random Strotz.
- Given restriction to “nice” randomizations, random GP = random Strotz.
- Have axiomatic characterization of random GP and random Strotz with this restriction (trying to extend).
- Uniqueness of measure.

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Main results:

- As noted, GP contained in random Strotz.
- Given restriction to “nice” randomizations, random GP = random Strotz.
- Have axiomatic characterization of random GP and random Strotz with this restriction (trying to extend).
- Uniqueness of measure.
- Comparatives: If one random Strotz preference is “more prone to temptation” than another, what is relationship of representations?

Purpose of this paper: To explore random Strotz model with particular eye to its relationship to GP.

Main results:

- As noted, GP contained in random Strotz.
- Given restriction to “nice” randomizations, random GP = random Strotz.
- Have axiomatic characterization of random GP and random Strotz with this restriction (trying to extend).
- Uniqueness of measure.
- Comparatives: If one random Strotz preference is “more prone to temptation” than another, what is relationship of representations?
- Recursive infinite horizon versions of the model.

Other related papers:

- Benabou and Pycia, 2002
- Fudenberg and Levine, 2006
- Chatterjee and Krishna, 2008
- Stovall, 2008

Model

B = finite set of “prizes.”

$\Delta(B)$ = probability distributions/lotteries over B .

X = menus of lotteries — nonempty, closed subsets of $\Delta(B)$.

\succeq = preference relation on X .

Model

B = finite set of “prizes.”

$\Delta(B)$ = probability distributions/lotteries over B .

X = menus of lotteries — nonempty, closed subsets of $\Delta(B)$.

\succeq = preference relation on X .

Preference is over *menus*. Approach due to Kreps [1979], extended to lotteries by Dekel, Lipman, and Rustichini [2001].

Idea. Use agent's view of options he leaves himself to say what possibilities he foresees.

Kreps: $\{\text{chicken, fish}\} \succ \{\text{chicken}\}, \{\text{fish}\}$ reveals uncertainty about which will be more appealing.

GP: $\{\text{salad}\} \succ \{\text{salad, ice cream}\} \succ \{\text{ice cream}\}$ reveals concern about temptation.

Idea. Use agent's view of options he leaves himself to say what possibilities he foresees.

Kreps: $\{\text{chicken, fish}\} \succ \{\text{chicken}\}, \{\text{fish}\}$ reveals uncertainty about which will be more appealing.

GP: $\{\text{salad}\} \succ \{\text{salad, ice cream}\} \succ \{\text{ice cream}\}$ reveals concern about temptation.

Important point: Assuming \succ is over menus means we assume modeler only sees *choice of menus*, not *choice from menus*.

Thus we do *not* directly see compromise (nor of course temptation costs) — we simply try to infer this from agent's view of menus.

Representations

A *random costly self control (or random GP) representation* is an EU function, u , and a measure over EU functions, ν , such that \succeq is represented by

$$\int_{\nu} \left\{ \max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) \right\} d\nu(v).$$

Representations

A *random costly self control (or random GP) representation* is an EU function, u , and a measure over EU functions, ν , such that \succeq is represented by

$$\int_{\nu} \left\{ \max_{\alpha \in x} [u(\alpha) + v(\alpha)] - \max_{\beta \in x} v(\beta) \right\} d\nu(v).$$

A *random overwhelming temptation (or random Strotz) representation* is an EU function u and a measure over EU functions μ such that \succeq is represented by

$$\int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w)$$

where

$$B_w(x) = \{\alpha \in x \mid w(\alpha) \geq w(\beta), \forall \beta \in x\}.$$

GP is a Random Strotz

First observation: Any GP representation can be rewritten as a random Strotz representation.

GP is a Random Strotz

First observation: Any GP representation can be rewritten as a random Strotz representation.

That is, there is a measure μ such that

$$\max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) = \int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w)$$

GP is a Random Strotz

First observation: Any GP representation can be rewritten as a random Strotz representation.

That is, there is a measure μ such that

$$\max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) = \int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w)$$

Specifically:

$$= \int_0^1 \max_{\beta \in B_{v+Au}(x)} u(\beta) dA.$$

GP is a Random Strotz

First observation: Any GP representation can be rewritten as a random Strotz representation.

That is, there is a measure μ such that

$$\max_{\alpha \in X} [u(\alpha) + v(\alpha)] - \max_{\beta \in X} v(\beta) = \int_w \max_{\beta \in B_w(x)} u(\beta) d\mu(w)$$

Specifically:

$$= \int_0^1 \max_{\beta \in B_{v+Au}(x)} u(\beta) dA.$$

Surprisingly, proof uses basic auction theory.

Proof: For $A \in [0, 1]$, let

$$\mathcal{U}^*(A, x) = \max_{\beta \in x} [v(\beta) + Au(\beta)]$$

and let $\beta^*(A, x)$ be a maximizer.

So

$$\mathcal{U}^*(A, x) = \max_{\bar{A} \in [0, 1]} [v(\beta^*(\bar{A}, x)) + Au(\beta^*(\bar{A}, x))].$$

Analogy:

- A is type, which is valuation of object
- $v(\beta^*(\bar{A}, x))$ is transfer if reported type is \bar{A}
- $u(\beta^*(\bar{A}, x))$ is probability of getting good if reported type is \bar{A}

Standard incentive compatibility argument gives

$$\mathcal{U}^*(s, x) = \mathcal{U}^*(0, x) + \int_0^s u(\beta^*(A, x)) dA.$$

So for $s = 1$,

$$\mathcal{U}^*(1, x) - \mathcal{U}^*(0, x) = \int_0^1 u(\beta^*(A, x)) dA.$$

LHS is $\max[u + v] - \max v$, RHS is random Strotz. (Latter uses fact that ties won't matter.)

Intuition. $\{\text{salad}\} \succ \{\text{salad, ice cream}\} \succ \{\text{ice cream}\}$

GP interpretation: $\{s, i\} \succ \{i\}$ means agent chooses s from $\{s, i\}$.

$\{s\} \succ \{s, i\}$ means this is costly, so utility of $\{s, i\}$ is

$$u(s) - c(s, \{s, i\}).$$

Random Strotz: Agent isn't sure about choice from $\{s, i\}$, so utility is

$$pu(s) + (1 - p)u(i).$$

Equivalence says that

$$c(s, \{s, i\}) = (1 - p)[u(s) - u(i)].$$

Need to see choices *from menus* to separate these models.

Example.

	u	v	$u + v$
s	2	0	2
i	0	1	1

So GP compute value of $\{s, i\}$ as $2 - 1 = 1$.

Random Strotz: Find A type indifferent between s and i . That is,

$$v(s) + A^* u(s) = v(i) + A^* u(i)$$

Get $A^* = 1/2$, so i is chosen for $A \in [0, 1/2)$, s otherwise. Hence value of menu is

$$\frac{1}{2}(0) + \frac{1}{2}(2) = 1.$$

Random GP versus Random Strotz

Intuitively, a randomization over random Strotz is random Strotz.
So, since GP is a random Strotz, random GP is too.

Random GP versus Random Strotz

Intuitively, a randomization over random Strotz is random Strotz.

So, since GP is a random Strotz, random GP is too.

So random Strotz is at least as general as random GP. What does random Strotz allow that random GP does not?

Random GP versus Random Strotz

Intuitively, a randomization over random Strotz is random Strotz.

So, since GP is a random Strotz, random GP is too.

So random Strotz is at least as general as random GP. What does random Strotz allow that random GP does not?

Discontinuity. Is this all?

Random GP versus Random Strotz

Intuitively, a randomization over random Strotz is random Strotz.

So, since GP is a random Strotz, random GP is too.

So random Strotz is at least as general as random GP. What does random Strotz allow that random GP does not?

Discontinuity. Is this all?

We conjecture that it is but have only a more restrictive result.

Theorem

The set of preferences with a Lipschitz continuous random GP representation equals the set of preferences with a Lipschitz continuous random Strotz representation.

Axiomatic Characterization

Proof of one direction of theorem based on axiomatic characterization of the two representations.

Axiomatic Characterization

Proof of one direction of theorem based on axiomatic characterization of the two representations.

Axioms: Dekel, Lipman, Rustichini, and Sarver (DLRS) axioms for additive EU representations (weak order, two continuity axioms, independence) plus one axiom to specialize to temptation, namely:

Definition

\succeq satisfies *weak set betweenness* if $\{\alpha\} \succeq \{\beta\}$ for all $\alpha \in x$ and $\beta \in y$ implies

$$x \succeq x \cup y \succeq y.$$

Uniqueness

Suppose $\underline{\gamma}$ has a random Strotz representation (u, μ) .

$$\int_{\mathcal{W}} \max_{\beta \in B_w(x)} u(\beta) d\mu(w)$$

Easy to show that u is unique up to positive affine transformations.

Clearly, for μ to be unique, must normalize space of w s. Fix a normalization, \mathcal{W} . For rest of talk, μ is defined over \mathcal{W} .

Uniqueness

Suppose \succeq has a random Strotz representation (u, μ) .

$$\int_{\mathcal{W}} \max_{\beta \in B_w(x)} u(\beta) d\mu(w)$$

Easy to show that u is unique up to positive affine transformations.

Clearly, for μ to be unique, must normalize space of w s. Fix a normalization, \mathcal{W} . For rest of talk, μ is defined over \mathcal{W} .

Theorem

If \succeq is nontrivial and has a random Strotz representation, then μ is unique.

Comparatives

Definition

\succsim_2 is *more concerned about temptation than* \succsim_1 if

$$\{\alpha\} \succsim_1 x \text{ implies } \{\alpha\} \succsim_2 x.$$

Comparatives

Definition

\succsim_2 is *more concerned about temptation than* \succsim_1 if

$$\{\alpha\} \succsim_1 x \text{ implies } \{\alpha\} \succsim_2 x.$$

Suppose both have random Strotz representations. What can we say about relationship between the representations?

Comparatives

Definition

\succsim_2 is *more concerned about temptation than* \succsim_1 if

$$\{\alpha\} \succsim_1 x \text{ implies } \{\alpha\} \succsim_2 x.$$

Suppose both have random Strotz representations. What can we say about relationship between the representations?

Not hard to show that $u_1 = u_2$ (up to affine transformation), so use u for both.

Comparatives

Definition

\succsim_2 is *more concerned about temptation than* \succsim_1 if

$$\{\alpha\} \succsim_1 x \text{ implies } \{\alpha\} \succsim_2 x.$$

Suppose both have random Strotz representations. What can we say about relationship between the representations?

Not hard to show that $u_1 = u_2$ (up to affine transformation), so use u for both.

What is the relationship between the measures in the representations?

Intuition: Think of \mathcal{W} as points on the globe with u as the “North Pole” and $-u$ as the “South Pole.”

Intuition: Think of \mathcal{W} as points on the globe with u as the “North Pole” and $-u$ as the “South Pole.”

Let \mathcal{V} denote the points along the equator. We can think of the distribution on the globe as randomly picking a point on the equator and then randomly picking a distance to move along that longitude.

Intuition: Think of \mathcal{W} as points on the globe with u as the “North Pole” and $-u$ as the “South Pole.”

Let \mathcal{V} denote the points along the equator. We can think of the distribution on the globe as randomly picking a point on the equator and then randomly picking a distance to move along that longitude.

Essentially, pick $v \in \mathcal{V}$ at random and then pick A at random (where distribution of A can depend on v) to construct $w = v + Au$.

Result: If $\underline{\lambda}_2$ is more concerned about temptation, then we can state relationship between μ_1 and μ_2 as:

- 1 They have the same marginal distribution over equator points (v 's).

Result: If \succsim_2 is more concerned about temptation, then we can state relationship between μ_1 and μ_2 as:

- 1 They have the same marginal distribution over equator points (v 's).
- 2 For any equator point, μ_1 has a conditional distribution over movement toward the North Pole (A 's) which dominates that of μ_2 in the usual FOSD sense.

Infinite Horizon Models

Gul and Pesendorfer [2004] give a recursive infinite horizon extension.

Set up: Menu now consists of lotteries over current consumption c and continuation menus z .

Representation: Utility to a menu x is

$$W(x) = \max_{(c,z) \in x} [u(c) + v(c) + \delta W(z)] - \max_{(c,z) \in x} v(c).$$

Infinite Horizon Models

Gul and Pesendorfer [2004] give a recursive infinite horizon extension.

Set up: Menu now consists of lotteries over current consumption c and continuation menus z .

Representation: Utility to a menu x is

$$W(x) = \max_{(c,z) \in x} [u(c) + v(c) + \delta W(z)] - \max_{(c,z) \in x} v(c).$$

Using our translation of GP into random Strotz:

$$W(x) = \int_0^1 \max_{(c,z) \in B_{v(c)+Au(c)+A\delta W(z)}} [u(c) + \delta W(z)] dA.$$

Example. Initial endowment of K units of divisible, costlessly storable commodity.

$$u(c) = v(c) = \log(c).$$

Example. Initial endowment of K units of divisible, costlessly storable commodity.

$$u(c) = v(c) = \log(c).$$

Can think of a continuation menu as an amount of “savings” — i.e., how much of the good you have left.

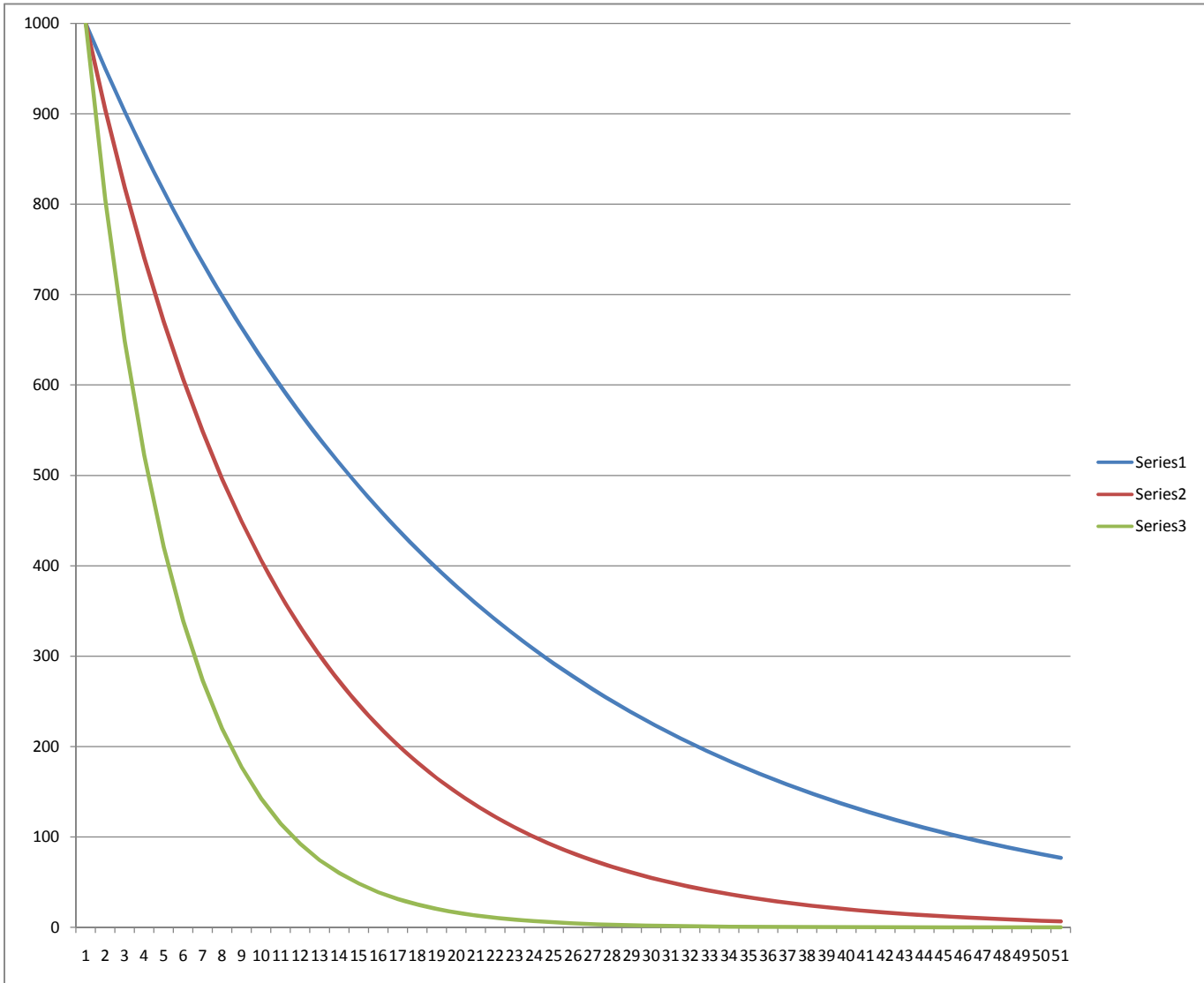
Example. Initial endowment of K units of divisible, costlessly storable commodity.

$$u(c) = v(c) = \log(c).$$

Can think of a continuation menu as an amount of “savings” — i.e., how much of the good you have left.

Under either GP or RS, get same value function $W(k)$.

Can also calculate the consumption/savings path in GP and random Strotz. Of course, it's random in the latter.



Formal result: For any $\varepsilon \in (0, 1)$, let $p_T(\varepsilon)$ be the probability that RS savings at t are less than ε times GP savings at t for all $t \geq T$.

Claim: For every $\varepsilon > 0$,

$$\lim_{T \rightarrow \infty} p_T(\varepsilon) = 1.$$

That is, savings under random Strotz are eventually trapped below ε of the GP savings with probability 1.

Intuition: In random Strotz, difference between $W(k)$ and what it would be without temptation is expected overconsumption; in GP, it is self-control costs.

Conclusion

Directions for further research:

- Many interesting questions about dynamics — just starting to explore this.

Conclusion

Directions for further research:

- Many interesting questions about dynamics — just starting to explore this.
- Other interpretations of the model?
 - 1 Ambiguity: Interpret menus as acts, distribution over w as uncertainty about Nature's motives.

Conclusion

Directions for further research:

- Many interesting questions about dynamics — just starting to explore this.
- Other interpretations of the model?
 - 1 Ambiguity: Interpret menus as acts, distribution over w as uncertainty about Nature's motives.
 - 2 Allocating control rights: Interpret menus as constitutions, distribution over w as uncertainty about who will control.

Conclusion

Directions for further research:

- Many interesting questions about dynamics — just starting to explore this.
- Other interpretations of the model?
 - 1 Ambiguity: Interpret menus as acts, distribution over w as uncertainty about Nature's motives.
 - 2 Allocating control rights: Interpret menus as constitutions, distribution over w as uncertainty about who will control.